

# HELLO

# HUP

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# HUP SAYS HELLO

HUP is a hotel and sports club where we mix sports with a huge scoop of fun. Here, everything goes. Play all you want. We have all the space you need. Play games, play sports. It's up to you. Fitness, bowling, cycling, tennis, soccer, golf, basketball and more. Do as you please. Or do nothing at all. Just take a break and relax. Anything to get your game on.

Catching Z's is great at HUP. But there is so much more to us than a good night's rest. Play time isn't over until you decide you've really seized the day at HUP. Then it's time to head back to your room and kick back. Well, you might find some more things to play with first. Aaaaah. Now, you've really earned your sleep. You'll need it too. Before you know it another fun filled day is waiting for you. Here we go! Or as we say in Dutch; HUP!

## GAME ON!

Even though we live sports, we're not dead serious about it. Sure, we have cool sports facilities and professional soccer fields. Sure, the entire hotel is peppered with athletic features. But don't take things too seriously. They are all meant to make you smile. That's the game we like playing most. And the game is spelled F.U.N. Just be you. Do things at your pace. Have fun with it. That's what makes you better.

## COME TO PLAY & STAY

Your number 1 goal at HUP is to have loads of fun. Together with your family, your colleagues, your team. What is it that brings out your inner child? Is it the indoor miniature golf, the bowling alley or one of our many slides? Even our conference rooms are decked out with ball pits and ping-pong tables. Add a healthy dose of good food and drinks and you've got the formula which will make you want to Play & Stay at HUP over and over again.

## DO AS YOU PLEASE

With up to 10.000 m2 of HUP space, there is no escaping the fun here. More concrete: that's about two soccer fields stitched together. Get the idea? HUP is HUP Sport, HUP Bowl & Grill and HUP Meet. Staying, playing, bowling, grilling, meeting ... it's all HUP. And be sure to throw in some chill time in the sauna or swimming pool. This is the perfect hotel for a weekend getaway with friends or family. A great spot for a training camp, kids' party, a special meeting or for a fun night out. Come join in at HUP in Mierlo, The Netherlands.

# YOU GET WHAT YOU WORK FOR NOT WHAT YOU WISH FOR

# HUP MEET

## BUSINESS AS UNUSUAL

HUP puts its own twist on meetings, conferences, teambuilding exercises and company retreats. A twist that involves ball pits and ping-pong tables. That's the HUP way of doing business. Here, the ball is in in your team's court. Hit it out of the park. Counter every challenge. Roll with it, have fun with it. We can offer you all you need. The only question is: do you have the balls to shake things up?

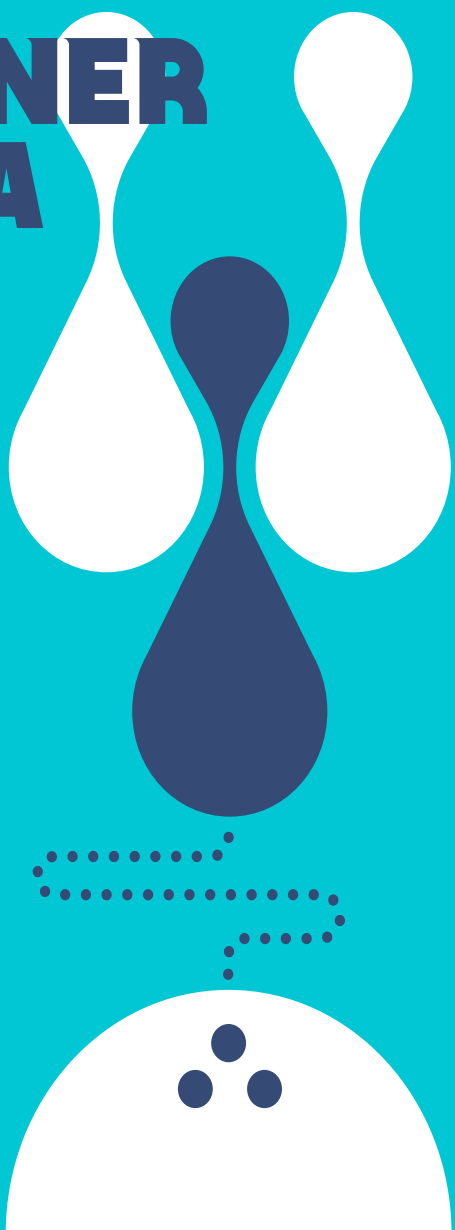
## EVERY WINNER WAS ONCE A BEGINNER

## TEAMWORK MAKES THE DREAM WORK

HUP loves coaching. We're here to lend a helping hand to all teams. At HUP you can change your perspective of your workmates by becoming teammates. Or opponents. Let's see how that works out. Here, there are no penalties for stepping on some executive toes on the soccer field. You get applauded for playing games with your colleagues. It's all in good fun. Nothing a drink at the Sport Bar can't fix. Especially if you ball it all out together at the bowling area. That's how you build winning teams.

## BOWL, GRILL AND CHILL

What is it that makes bowling so much fun? The iconic, two-toned shoes, the coloured balls, the outfits, only fit for the coolest dudes? Everyone loves bowling. Everybody knows how to bowl. Sort of. Or not quite. But that's exactly the fun of it isn't it? For everyone. Let's be honest, a threesome of bowling, beer and some real Dutch bitterballen?



# STAY HYDRATED!

 **HUP special!**

## HOT DRINKS

Coffee	2,50
Tea	2,50
Espresso	2,75
Cappuccino	2,95
Latte macchiato	3,25
Hot chocolate / with whipped cream	3,50 / 3,75

## SPECIALE COFFEE

Irish coffee (Whiskey)	6,50
French coffee (Grand Marnier)	6,50
Italian coffee (Amaretto)	6,50
Dublin coffee (Baileys)	6,50
Spanish coffee (Tia Maria)	6,50
Spanish coffee (Licor 43)	6,50

## SOFT DRINKS

Coca-Cola	2,50
Coca-Cola light	2,50
Coca-Cola zero	2,50
Sprite	2,50
Fanta Sinas	2,50
Fanta Cassis	2,50
Fuze Tea	2,50
Fuze Tea Green	2,50
Finley Tonic	2,50
Finley Bitter Lemon	2,50
Rivella	2,50
Spa Reine	2,50
Spa Intense	2,50
Spa Reine 0,75 L	5,75
Spa Intense 0,75 L	5,75
Fristi	2,50
Chocomel	2,50

## FRUIT JUICES

Freshly squeezed orange juice	3,50
Bottled orange juice	2,75
Apple juice	2,75

## SMOOTHIES

<b>Kiwi-Spinach-Lime</b>	200 ml — 2,75
Ingredients: Banana, kiwi, grape, orange, pineapple, spinach, cucumber and lime	300 ml — 4,00
<b>Mango-passion fruit (bio)</b>	200 ml — 2,75
Ingredients: Apple, mango, banana, orange, grape and passionfruit	300 ml — 4,00

## BEERS ON TAP


Jupiler 0,25 L	2,85
Jupiler 0,5 L	5,50
Jupiler 1,5 L	16,50
Hertog Jan 0,25 L	3,10
Hertog Jan 0,45 L	5,50
Hoegaarden Wit 0,25 L	3,75
Hoegaarden Wit 0,50 L	7,25



**HUP HOP 0,25 L** **4,75**  
Fresh and fruity IPA session. Our own HUP HOP beer is a winner! See this one as the ultimate medal and reward to yourself!

**HUP  
HOP**

## BOTTLED BEERS

Jupiler 0.0	2,85	Leffe Bruin	4,25
 Hertog Jan Weizener	3,95	Leffe Tripel	5,25
Hertog Jan Tripel	3,95	Tripel Karmeliet	5,25
Hertog Jan Dubbel Kruik 0,5 L	13,50	Palm	3,25
Hoegaarden Radler 0.0	3,25	Duvel	5,25
Hoegaarden Radler Lemon & Lime	4,25	Corona	5,25
Hoegaarden Rosé	3,75	Liefmans	4,50
Leffe Blond	4,25		

APERITIFS

Moscato d’Asti	5,25
Port wit / rood	3,50
Sherry medium / dry / Xérès	3,50
Martini Bianco / Rosso	3,50
Campari	4,25

LIQUEURS

Amaretto	5,25
Baileys	5,25
Tia Maria	5,25
Drambuie	5,25
Grand Marnier	5,25
Licor 43	5,25
Sambuca	5,25

WHISKY

Jack Daniels	7,25
Jameson	5,75
Johnnie Walker Red Label	5,75
Johnnie Walker Black Label	7,50
Lagavulin	8,75
Talisker	7,75

DUTCH SPIRITS

Black-currant gin	3,00
Young Jenever	3,00
Vieux	3,00
Beerenburg	3,00
Afelkorn	3,50

INTERNATIONAL SPIRITS

Smirnoff vodka	4,50
Rode vodka	4,50
Gordon’s gin	4,50
Bombay Sapphire	5,00
Tequilla	5,00
Bacardi White, Limón	4,50

COGNAC

Remy Martin	8,00
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HOUSE WINES

WHITE

Culemborg, South Africa	Santa Alvara, Chili
Chenin Blanc & Muscat	Chardonnay
glass: 3,95	glass: 4,60
bottle: 22,00	bottle: 23,50

RED

Culemborg, South Africa	Santa Alvara, Chili
Cabernet Sauvignon & Cinsault	Merlot
glass: 3,95	glas:s 4,60
bottle: 22,00	bottle: 23,50

WINES

WHITE

FRUITY

Masi Modello delle Venezie	27,50
Pinot Grigio, Italy	

SPICY

Paul Jaboulet Aîné Parallèle 45, Grenache Blanc & Viognier & Marsanne & Bourboulenc, France	29,50
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TROPICAL

Boschendal 1685, Sauvignon Blanc	29,50
Grande Cuvée, South Africa	

AROMATIC

Tüzko Traminer, Hungary	27,50
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RED

SPICY

Paul Jaboulet Aîné Parallèle 45, Grenache & Syrah, France	29,50
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FRUITY

Beronia Crianza Rioja, Tempranillo, Garnacha & Mazuelo, Spain	27,50
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INTENSE

Boschendal Lanoy, Cabernet Sauvignon & Merlot, Zuid-Afrika	27,50
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FULL-BODIED

Bodega Norton Malbec Reserva, Malbec, Argentina	29,50
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DESSERT WINE

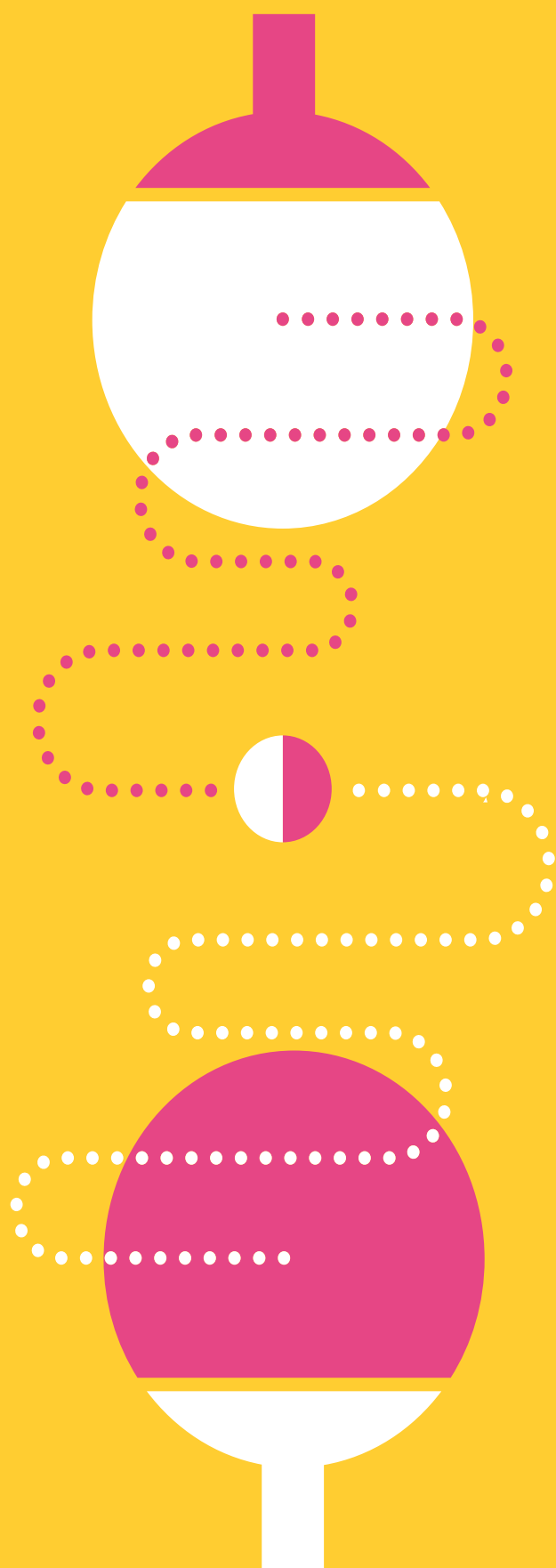
Prunotto Moscato d’Asti Piemonte, White Canelli Moscato, Italy	glass: 5,25 bottle: 29,50
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SPARKLING

Bodega Norton Cosecha Especial Extra Brut, Chardonnay, Argentina	32,50
Nicolas Feuillat Brut Réserve, Chardonnay & Pinot Noir & Pinot Meunier, France	62,50

**JUST PLAY  
HAVE FUN  
ENJOY THE  
GAME**

AY  
N  
HE



# SPORTS BAR

KITCHEN OPEN: 11:00 - 23:00 hrs

SANDWICHES & MORE

<b>Sandwich salmon</b>	8,50
cream cheese - smoked salmon - red onion chutney - avocado cream	
<b>BLT</b>	7,50
turkey fillet - crispy bacon - tomato - little gem - Hellmann's mayonnaise	
<b>Carpaccio</b>	8,50
truffle mayonnaise - Parmesan cheese - arugula - sun-dried tomato	
<b>Dutch way</b>	8,00
sandwich with ham - cheese - tomato - cucumber - boiled egg - remoulade sauce - iceberg lettuce	
<b>Sandwich pulled pork</b>	8,00
smoky BBQ sauce - red onion - iceberg lettuce	
<b>Sandwich pulled chicken Yakitory</b>	8,00
spring onion - iceberg lettuce	
<b>Sandwich tuna</b>	7,25
tuna - red onion - lemon mayonnaise - iceberg lettuce	
<b>Double Dutch</b>	7,25
2 beef croquettes with brown or white hearth bread	
<b>Fried eggs</b>	8,00
brown or white hearth bread - three eggs sunny side up - salad - pickles - cheese/ham/bacon	

BURGERS

(180 gram )

<b>Classic burger 100% Angus beef</b>	8,50
creamy bacon sauce - crunchy lettuce	
<b>Caesar chicken burger</b>	9,00
streaky bacon - little gem lettuce - Parmezan cheese - Hellmann's mayonaise	
<b>Lamb burger</b>	9,50
foccacio spelt - tzaziki - little gem lettuce	
<b>Chili bean burger</b>	9,00
Piccalilycream - little gem lettuce	
<b>Supplement french fries or wedges</b>	3,50
<b>Add on: cheese / bacon</b>	1,00

TOSTI CLUB

(white or brown hearth bread)

<b>Toasted ham and cheese sandwich</b>	4,50
semi-cured cheese - farmer's ham - tomato ketchup	6,75 Triple
<b>Toasted mozzarella sandwich</b>	5,00
tomato - basil pesto - arugula	7,50 Triple
<b>Toasted smoked salmon sandwich</b>	5,50
semi-cured cheese - red onion - horseradish mayonnaise	8,25 Triple
<b>Tosti brie</b>	5,25
truffle honey - walnut crunch - fig chutney	8,75 Triple

SOUPS AND SALADS

(served with bread)

<b>Creamy arugula soup</b>	6,25
herbal croutons - smoked salmon tartare - spring onion - chives	
<b>Italian tomato soup</b>	6,25
basil pesto - Mascarpone cheese	
<b>Assorted pull-apart bread: corn, white and multigrain</b>	5,25
tomato tapenade - truffle cream - olive oil	
<b>Salad with spinach</b>	11,25
gorgonzola - pear - chioggia beet - almonds - Aceto balsamic	13,25 (XL)
<b>Salad with tuna</b>	12,75
tomato - red onion - cornichons - egg - cucumber - iceberg lettuce - herbal croutons	14,50 (XL)
<b>Smoked salmon salad</b>	14,50
arugula - capers - sun-dried tomato - red onion - fennel - on sweet and sour - mustard dill dressing	16,50 (XL)
<b>Tandoori chicken salad</b>	12,75
grilled chicken fillet - arugula - red onion - pepper - tomato - spring onion - mango - tortilla - yoghurt dressing	14,50 (XL)
<b>Poké bowl</b>	13,00
basmati rice - tuna fillet marinated in sesame-soya - pickled cucumber and carrot - wakamé salad - avocado	15,00 (XL)



HOTDOGS FACTORY

Classic Hotdog	5,50
sauerkraut - mustard - fried onions	
Underdog	8,50
pulled pork - smoky BBQ sauce - gratinated with cheese	
Supplement french fries or wedges	3,50

PLATE SERVICE

Pulled chicken Yakitori	19,50
Stir-fry vegetables	
BBQ ribs sweet and juicy	19,50
fries - smoky honey BBQ sauce - salad	
Gegrilde tonijnfilet met sesam	23,50
gremolata - caponata (Socilian ratatouille)	

FRESH PASTA

Linguine aglio e olio	10,75
garlic oil - smoked chili pepper - parsley - Pecorino cheese - arugula	
Prawn linguine	16,25
prawns (peeled) - garlic oil - red pepper - spinach - Parmesan cheese - arugula	
Spaghetti Carbonara	14,75
garlic - pancetta - cream cheese - egg - Pecorino cheese	
Spaghetti Bolognese	14,75
tomato meat sauce - Parmesan - arugula	



PIZZAS FRESH FROM THE OVEN

Pizza Margherita	8,75
tomato sauce - tomatoes - mozzarella - oregano	
Pizza Tonno	13,50
tomato sauce - tuna - red onion - mozzarella - black olives - capers	
Pizza Vegetarian	13,75
grilled zucchini & eggplant - artichoke - red onion - oregano - sun-dried tomato - black olives - mozzarella	
Pizza pulled pork	13,75
BBQ sauce - pulled pork - red onion - mozzarella	
Pizza Quattro formaggi	12,75
tomato sauce - mozzarella - pecorino cheese - gorgonzola - goat cheese - oregano	
Topping supplement per item	



KIDS

Pizza Bambino	6,00
kids' pizza selection	
Spaghetti Bolognese	6,25
tomato sauce	
HUP BOX	7,50
frikandel / croquette / chicken nugget + fries + salad + surprise	

# SPORTS BAR

KITCHEN OPEN: 11:00 - 23:00 hrs

## BAR BITES TO SHARE

**6 BBQ ribfingers**  
whisky dip

7,00

**6 Chorizo croquettes**  
aioli

6,00

**8 Torpedo shrimps**  
sweet chili sauce

6,00

**6 Tikka chicken fingers**  
Tzatziki

7,50

**6 Dutch croquette balls**  
mustard - mayonnaise

5,75

**Old Dutch**  
chunks of Old Amsterdam cheese - cornichon - pickles - mustard

6,00

**Nacho's**  
tortilla - tomato relish - guacamole - jalapeno - crème fraîche - cheese

6,00

**6 Beet balls**  
truffle mayonnaise

7,50

**Assorted pull-apart bread: corn, white and multigrain**  
tomato tapenade - truffle cream - olive oil

5,25

**Flammkuchen**  
crème fraîche - bacon - onion - emmentaler cheese

7,25

**Fuet sausage Iberico**  
pickles

4,75

**Homerun**  
board with special bar bites for two people

14,00

## BAR SWEETS

Chocolate muffin de Luxe 3,50

Yoghurt & Cranberry muffin 3,50

American double chocolate cookie 3,25

Apple pie 4,25

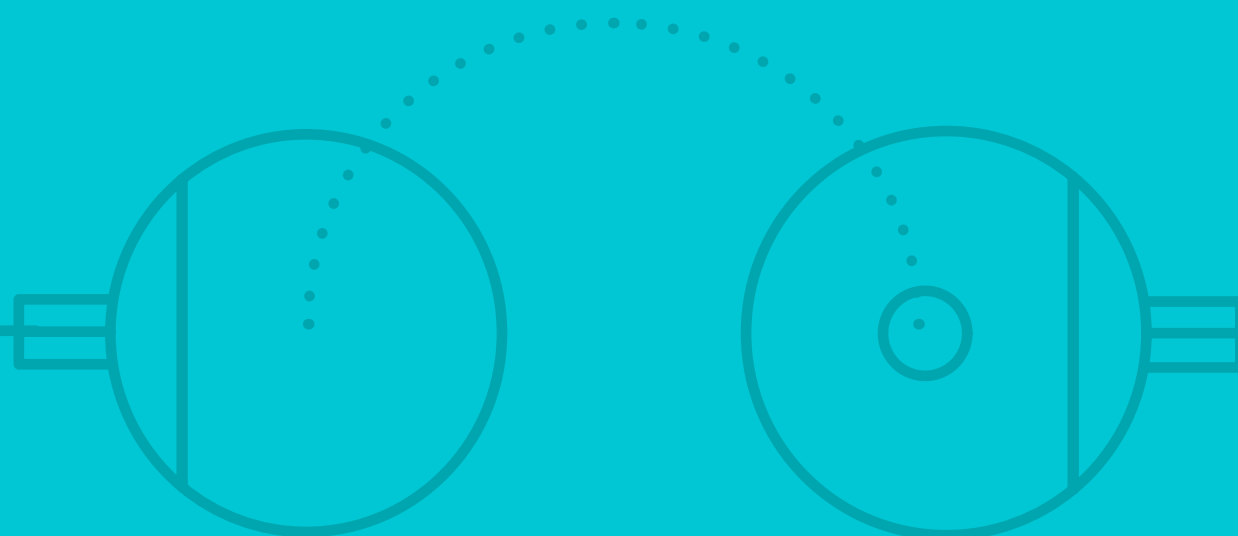
## BEN & JERRY'S ICECREAM

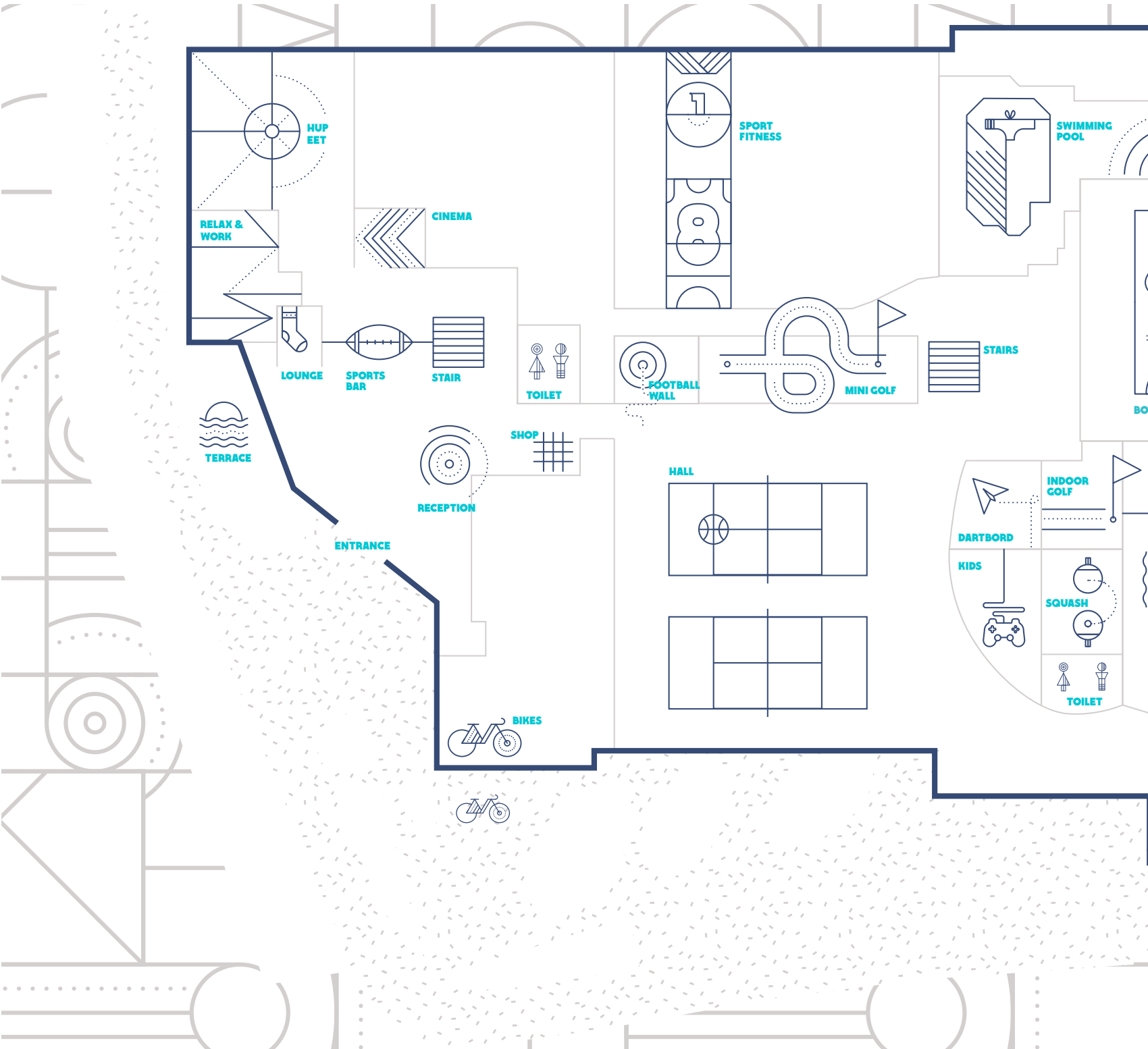
Fairtrade Strawberry Cheesecake 4,50

Fairtrade Chocolate Fudge Brownie 4,50

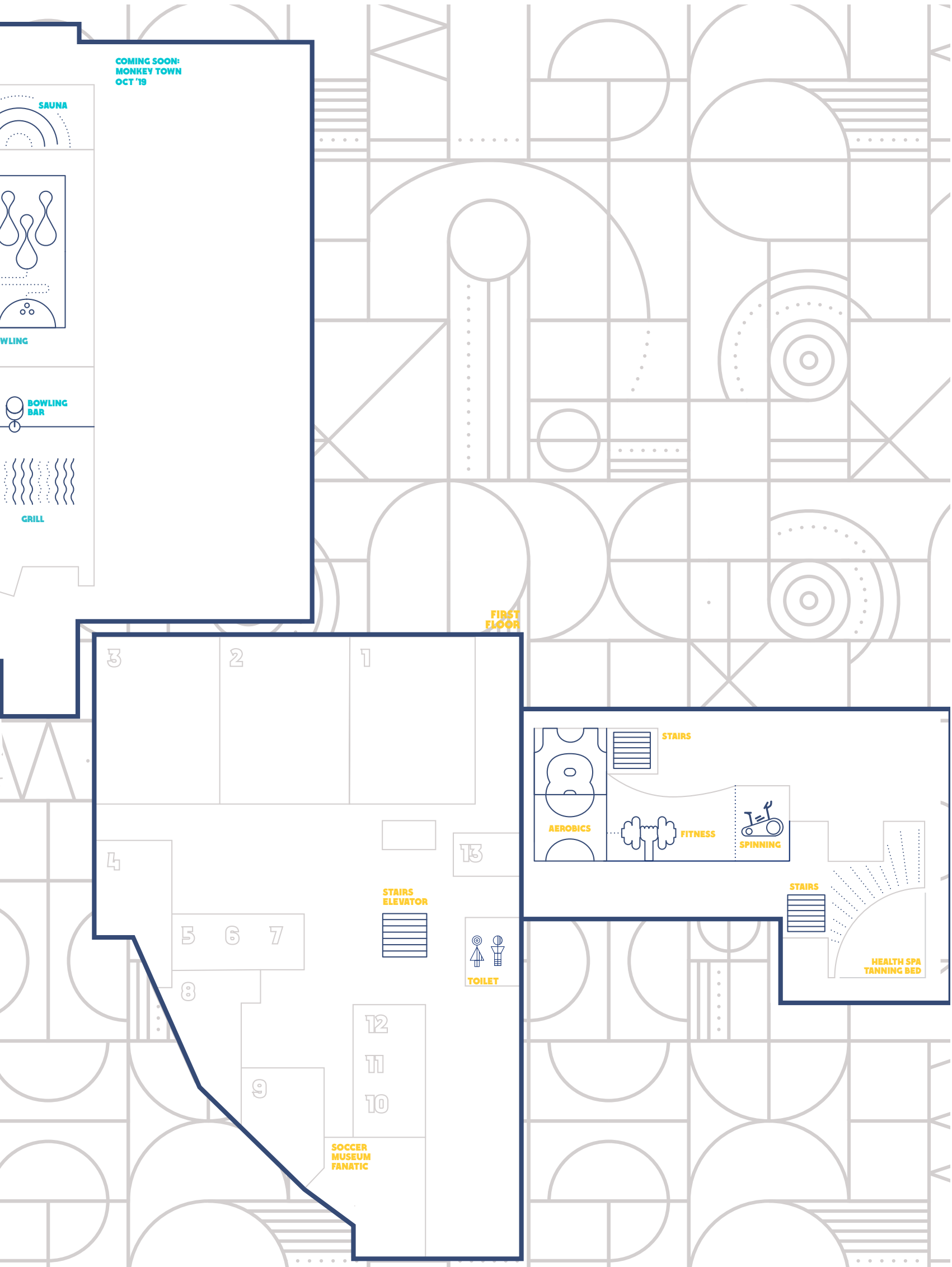
Fairtrade Chunky Monkey 4,50

# PLAY & STAY





# HUP PLAN



# HUP EET

KITCHEN OPEN: 17:00 - 21:00 hrs

## STARTERS

**Carpaccio of tenderloin** 12,50  
basil pesto - truffle cream - Parmesan cheese - arugula 16,50 (XL)

**Three blini's** 11,75

smoked salmon - fennel salad on sweet and sour -  
mayonnaise with green mustard

**Bruschetta** 8,25

3 x grilled hearth bread - Pomodori tomato - garlic - basil

**Smoked duck** 11,00

little gem lettuce - raspberry dressing - brown almonds

**Red beet carpaccio** 10,75

goat cheese - walnuts - arugula - aceto syrup - beetroot ball

**Creamy arugula soup** 6,25

herbal croutons - smoked salmon tartare - spring onion -  
chives

**Italian tomato soup** 6,25

basil pesto - Mascarpone cheese

**Assorted pull-apart bread: corn, white and multigrain** 5,25

tomato tapenade - truffle cream - olive oil

**Flammkuchen** 7,25

creme fraîche - bacon - onion - Emmental cheese

## SALADS

**Salade with spinach** 11,25

gorgonzola - pear - chioggia beet - almonds -  
Aceto balsamic 13,25 (XL)

**Salade with tuna** 12,75

tomato - red onion - cornichons - egg - cucumber  
- capers - iceberg lettuce - herbal croutons 14,50 (XL)

**Smoked salmon salad** 14,50

arugula - capers - sun-dried tomato - red onion -  
fennel on sweet and sour - mustard dill dressing 16,50 (XL)

**Tandoori chicken salad** 12,75

grilled chicken fillet - arugula - red onion - pepper  
- tomato - spring onion - mango - tortilla - yogurt  
dressing 14,50 (XL)

## MAIN DISHES

(served with french fries and salad)

**Runder ribeye grain fed from the grill** 24,50

garlic butter - black pepper gravy

**Pulled chicken Yakitori** 19,50

stir-fry vegetables

**Beef meddaillons Bianconero** 23,50

tender beef medallions - balsamic vinegar -  
Parmesan cheese sauce - arugula

**Pork rib roast from the grill** 22,50

tomato chutney - black garlic sauce - crispy stir-  
fried vegetables - fries - salad

**Fried sea bass fillet** 24,00

marinated Pomodori tomatoes - gravy of white  
wine and sage

**Rosé grilled tuna fillet with sesame** 23,50

gremolata - caponata (Sicilian ratatouille)

**Potato gnocchi** 18,50

spinach - sweet potato - chestnut mushrooms -  
pine nuts - Parmesan cheese

## FRESH PASTAS

**Linguine aglio e olio** 10,75

garlic oil - smoked chili pepper - parsley - Pecorino  
cheese - arugula

**Prawn linguine** 16,25

prawns (peeled) - garlic oil - red pepper - spinach -  
Parmesan cheese - arugula

**Spaghetti Carbonara** 14,75

garlic - pancetta - cream cheese - egg - Pecorino  
cheese

**Spaghetti Bolognese** 14,75

tomato meat sauce - Parmesan - arugula

**Tagliatelle pomodori** 14,75

tomato sauce - basil pesto - marinated pomodori  
tomatoes - pine nuts - Parmesan cheese - arugula

**Tagliatelle salmon** 16,25

salmon fillet - cream sauce - basil pesto - zucchini -  
Parmesan cheese - arugula


## PIZZAS FRESH FROM THE OVEN

<b>Pizza Margherita</b>	8,75
tomato sauce - tomatoes - mozzarella - oregano	
<b>Pizza Tonno</b>	12,75
tomato sauce - tuna - red onion - mozzarella - black olives - capers	
<b>Pizza Vegetarian</b>	10,75
grilled zucchini - grilled eggplant - artichoke - red onion - oregano - sun-dried tomato - black olives - mozzarella	
 <b>Pizza pulled pork</b>	13,75
BBQ sauce - pulled pork - red onion - mozzarella	
<b>Pizza Quattro formaggi</b>	12,75
tomato sauce - mozzarella - pecorino cheese - gorgonzola - goat cheese - oregano	
<b>Pizza Chicken</b>	12,75
tomato sauce - grilled chicken strips - pepper - mushrooms - red onion - mozzarella	
<b>Pizza Quattro stagioni</b>	11,50
tomato sauce - farmer's ham - pepper - salami - red onion - mozzarella	
<b>Pizza Salami</b>	10,50
tomato sauce - salami - bell pepper - black olives - tomato - mozzarella - garlic oil	
<b>Topping supplement per item</b>	0,75

## KIDS

<b>Pizza Bambino</b>	6,00
kids' pizza selection	
<b>Spaghetti Bolognese</b>	6,25
tomato sauce	
<b>HUP BOX</b>	7,50
frikandel / croquette / chicken nugget + fries + salad + surprise	

## SWEET SEDUCTIONS

<b>Dame Blanche 2.0</b>	7,50
vanilla ice cream special - home-made chocolate sauce - white chocolate fudge - whipped cream	
<b>Parfait of Amarene cherries</b>	7,50
panna cotta van "Liefmans" - Amarene cherries	
 <b>Warm moulleaux taartje</b>	8,00
chocolate temptation - ice cream - raspberry coulis	
<b>Cheese plate with selection of four foreign cheeses</b>	10,75
fig bread - Rinse apple syrup - walnuts	
<b>Sorbet</b>	7,50
three kinds of sorbet - sliced fresh fruit	
<b>Coffee complete</b>	7,50
coffee, espresso or tea with sweet treats	
<b>Kids' icecream</b>	4,50

ORDER BETWEEN 11:00 - 23:00 hrs

ROOM DELIVERY +3,50 eur per order

# ROOM DELIVERY & TAKE AWAY

## PIZZAS FRESH FROM THE OVEN

<b>Pizza Margherita</b>	8,75
tomato sauce - tomatoes - mozzarella - oregano	
<b>Pizza Tonno</b>	13,50
tomato sauce - tuna - red onion - mozzarella - black olives - capers	
<b>Pizza Vegetarian</b>	13,75
grilled zucchini & eggplant - artichoke - red onion - oregano - sun-dried tomato - black olives - mozzarella	
<b>Pizza Quattro fromaggi</b>	12,75
tomato sauce - mozzarella - pecorino cheese - gorgonzola - goat cheese - oregano	
<b>Chicken pizza</b>	12,75
tomato sauce - grilled chicken strips - pepper - mushrooms - red onion - mozzarella	
<b>Pizza Bambino</b>	6,00
kids' pizza selection	
<b>Topping supplement per item</b>	0,75

## SALADS

<b>Salade with spinach</b>	11,25
gorgonzola - pear - chioggia beet - almonds - Aceto balsamic	
<b>Salade with tuna</b>	12,75
tomato - red onion - cornichons - egg - cucumber - capers - iceberg lettuce - herbal croutons	
<b>Smoked salmon salad</b>	14,50
arugula - capers - sun-dried tomato - red onion - fennel on sweet and sour - mustard dill dressing	
<b>Tandoori chicken salad</b>	12,75
grilled chicken fillet - arugula - red onion - pepper - tomato - spring onion - mango - tortilla - yogurt dressing	

## BURGERS

(180 gram )

<b>Classic burger 100% Angus beef</b>	8,50
creamy bacon sauce - crunchy salad	
<b>Caesar chicken burger</b>	9,00
streaky bacon - little gem lettuce - Parmezan cheese - Hellmann's mayonaise	
<b>Add on: cheese / bacon</b>	1,00

# IF YOU CAN'T STAY TAKE AWAY

Besides having a bite in one of our restaurants, you can also enjoy the meals in your room and at home. make use of our room delivery or take away. call our reception (#8) or slide, walk, elevate to the Sports Bar and HUP away with something taste! Because for us it's a sport to make it as comfortable as possible for you.