

HUP SAYS HELLO

HUP is a hotel and sports club where we mix sports with a huge scoop of fun. Here, everything goes. Play all you want. We have all the space you need. Play games, play sports. It's up to you. Fitness, bowling, cycling, tennis, soccer, golf, basketball and more. Do as you please. Or do nothing at all. Just take a break and relax. Anything to get your game on.

Catching Z's is great at HUP. But there is so much more to us than a good night's rest. Play time isn't over until you decide you've really seized the day at HUP. Then it's time to head back to your room and kick back. Well, you might find some more things to play with first. Aaaaah. Now, you've really earned your sleep. You'll need it too. Before you know it another fun filled day is waiting for you. Here we go! Or as we say in Dutch; HUP!

GAME ON!

Even though we live sports, we're not dead serious about it. Sure, we have cool sports facilities and professional soccer fields. Sure, the entire hotel is peppered with athletic features. But don't take things too seriously. They are all meant to make you smile. That's the game we like playing most. And the game is spelled F.U.N. Just be you. Do things at your pace. Have fun with it. That's what makes you better.

COME TO PLAY & STAY

Your number 1 goal at HUP is to have loads of fun. Together with your family, your colleagues, your team. What is it that brings out your inner child? Is it the indoor miniature golf, the bowling alley or one of our many slides? Even our conference rooms are decked out with ball pits and ping-pong tables. Add a healthy dose of good food and drinks and you've got the formula which will make you want to Play & Stay at HUP over and over again.

DO AS YOU PLEASE

With up to 10.000 m2 of HUP space, there is no escaping the fun here. More concrete: that's about two soccer fields stitched together. Get the idea? HUP is HUP Sport, HUP Bowl & Grill and HUP Meet. Staying, playing, bowling, grilling, meeting ... it's all HUP. And be sure to throw in some chill time in the sauna or swimming pool. This is the perfect hotel for a weekend getaway with friends or family. A great spot for a training camp, kids' party, a special meeting or for a fun night out. Come join in at HUP in Mierlo, The Netherlands.



HUP NEET

BUSINESS AS UNUSUAL

HUP puts its own twist on meetings, conferences, teambuilding exercises and company retreats. A twist that involves ball pits and ping-pong tables. That's the HUP way of doing business. Here, the ball is in in your team's court. Hit it out of the park. Counter every challenge. Roll with it, have fun with it. We can offer you all you need. The only question is: do you have the balls to shake things up?

EVERY WINNE WAS ONCE A BEGINNER

TEAMWORK MAKES THE DREAM WORK

HUP loves coaching. We're here to lend a helping hand to all teams. At HUP you can change your perspective of your workmates by becoming teammates. Or opponents. Let's see how that works out. Here, there are no penalties for stepping on some executive toes on the soccer field. You get applauded for playing games with your colleagues. It's all in good fun. Nothing a drink at the Sport Bar can't fix. Especially if you ball it all out together at the bowling area. That's how you build winning teams.

BOWL, GRILL AND CHILL

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What is it that makes bowling so much fun? The iconic, two-toned shoes, the coloured balls, the outfits, only fit for the coolest dudes? Everyone loves bowling. Everybody knows how to bowl. Sort of. Or not quite. But that's exactly the fun of it isn't it? For everyone. Let's be honest, a threesome of bowling, beer and some real Dutch bitterballen?

STAN HUP special

HOT DRINKS

Coffee	2,50
Теа	2,50
Espresso	2,75
Cappuccino	2,95
Latte macchiato	3,25
识 Hot chocolate / with whipped cream	3,50/3,75

SPECIAL COFFEE

Irish coffee (Whiskey)	6,50
French coffee (Grand Marnier)	6,50
Italian coffee (Amaretto)	6,50
Dublin coffee (Baileys)	6,50
Spanish coffee (Tia Maria)	6,50
Spanish coffee (Licor 43)	6,50

SOFT DRINKS

Coca-Cola	2,40
Coca-Cola light	2,40
Coca-Cola zero	2,40
Sprite	2,40
Fanta Sinas	2,40
Fanta Cassis	2,40
Fuze Tea	2,40
Fuze Tea Green	2,40
Finley Tonic	2,40
Finley Bitter Lemon	2,40
Rivella	2,40
Spa Reine	2,40
Spa Intense	2,40
Spa Reine 0,75 L	5,75
Spa Intense 0,75 L	5,75
Fristi	2,40
Chocolate milk	2,40

FRUIT JUICES

Freshly squeezed orange juice	3,50
Bottled orange juice	2,55
Apple juice	2,55

SMOOTHIES Forest fruit Ingredients: Apple, grape, raspberry, blackberry, blackberry, blackcurrant, pomegranate, cherry and chokeberry 200 ml - 2,75 300 ml - 4,00 Kiwi-Spinach-Lime Ingredients: Banana, kiwi, grape, orange, pineapple, spinach, cucumber and lime 200 ml - 2,75 300 ml - 4,00 Mango-passion fruit (bio) 300 ml - 4,00 Ingredients: Apple, mango, banana, orange, 200 ml - 3,50 200 ml - 3,50

ngredients, rippie, mango, banana, orange,	200111 0,00	
grape and passionfruit	300 ml — 4,75	

2,75

5,25

16,00

2,75

2,95

5,50

3,50

6,50

4,75

Rotating selection

BEERS ON TAP
Jupiler 0,25 L
Jupiler 0,5 L
Jupiler 1,5 L
Hertog Jan 0,2 L
Hertog Jan 0,25 L
Hertog Jan 0,45 L
Hoegaarden White 0,25 L
Hoegaarden White 0,50 L
HUP HOP 0,25 L
Changing tap

BOTTLED BEERS

Jupiler 0.0	2,75	Leffe Bruin	4,25
Hertog Jan Bastaard Citroen & Gember	3,75	Leffe Tripel	5,25
Hertog Jan Bock	4,25	Tripel Karmeliet	5,25
识 Hertog Jan Weizener	3,50	Palm	3,25
Hertog Jan Tripel	3,95	Duvel	5,25
Hertog Jan Dubbel Kruik 0,5 L	13,50 🚦	Goose Island India Pale Ale	5,50
Hoegaarden Radler 0.0	3,25	Corona	5,25
Hoegaarden Radler Lemon & Lime	4,25	Liefmans	4,50
Hoegaarden Rosé	3,75		
Leffe Blond	4,25		

APERITIFS

Moscato d'Asti	5,25
Port white / red	3,00
Sherry medium / dry / Xérès	3,00
Martini Bianco / Rosso	3,00
Campari	4,25

LIQUEURS

Amaretto	5,25
Baileys	5,25
Tia Maria	5,25
Drambuie	5,25
Grand Marnier	5,25
Licor 43	5,25
Sambuca	5,25

DUTCH SPIRITS

Black-currant gin	3,00
Young Jenever	3,00
Vieux	3,00
Beerenburg	3,00
Apfelkorn)	3,50

	1,00
Smirnoff vodka	4,50
Red vodka	4,50
Gordon's gin	5,00
Bombay Sapphire	5,00
Tequilla	4,50
Bacardi White, Limón	

4,50

8,00

INTERNATIONAL SPIRITS

COGNAC

Remy Martin VSOP

WHISKY

Jack Daniels	7,25
Jameson	5,75
Johnnie Walker Red Label	5,75
Johnnie Walker Black Label	7,50
Lagavulin	8,75
Talisker	7,75

HOUSE WINES

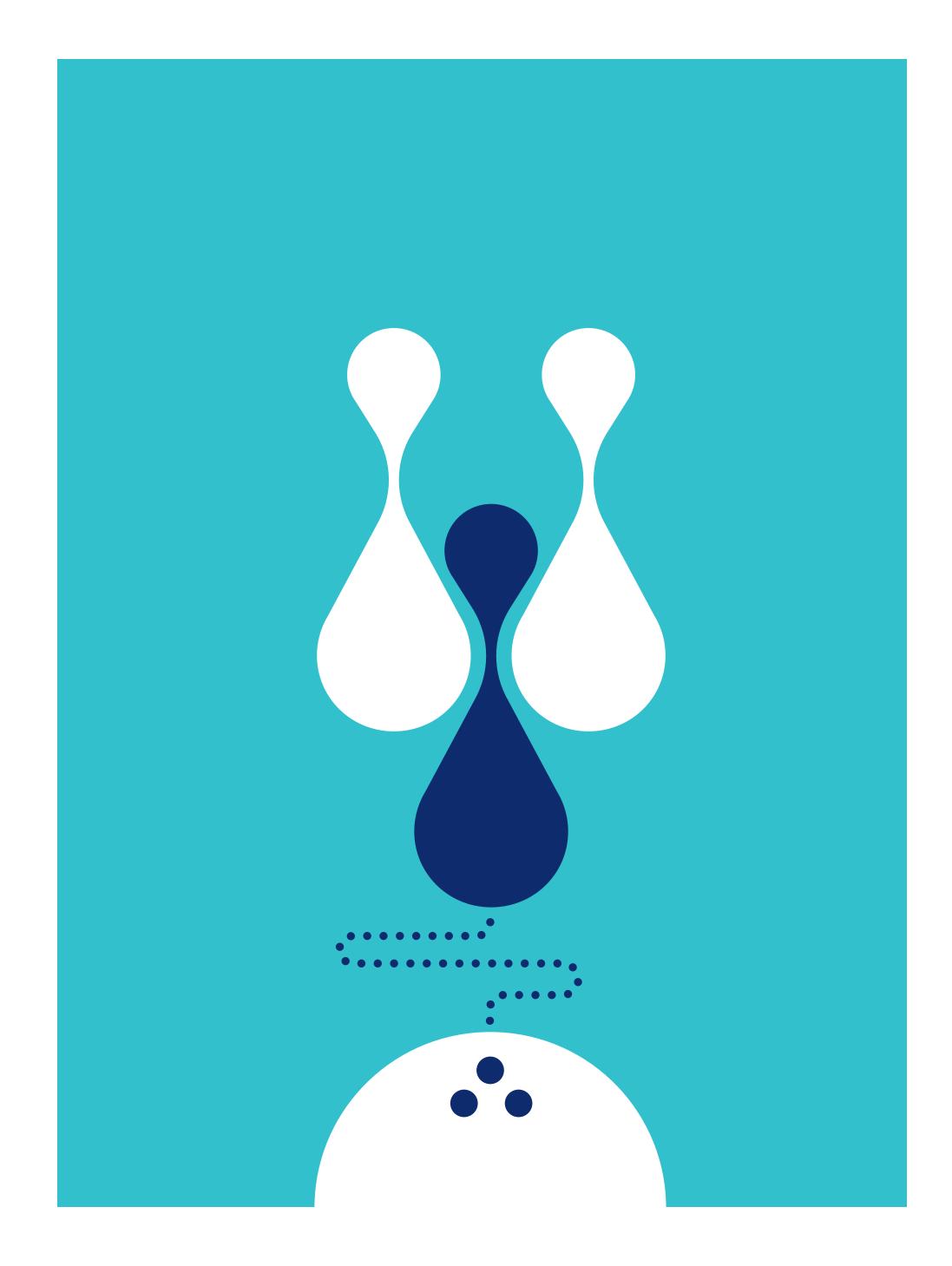
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WHITE		RED	
Culemborg, South Africa	Santa Alvara, Chili	Culemborg, South Africa	Santa Alvara, Chili
Chenin Blanc & Muscat	Chardonnay	Cabernet Sauvignon & Cinsault	Merlot
glass: 3,95	glass: 4,60	glass: 3,95	glass: 4,60
bottle: 22,00	bottle: 23,50	bottle: 22,00	bottle: 23,50

WINES

	WHITE		RED		DESSERT WINE	
	FRUITY		SPICY			
* *	Masi Modello delle Venezie		Paul Jaboulet Aîné Parallèle 45,		Prunotto Moscato d'Asti Piemonte,	
	Pinot Grigio, Italy	27,50	Grenache & Syrah, France	37,50	White Canelli Moscato, Italy	glass: 5,25 bottle: 29,50
	SPICY		FRUITY			
	Paul Jaboulet Aîné Parallèle 45,		Beronia Crianza Rioja, Tempranillo,		SPARKLING	
	Grenache Blanc & Viognier &		Garnacha & Mazuelo, Spain	35,00	Bodega Norton Cosecha Especial	
	Marsanne & Bourboulenc, France	37,50			Extra Brut, Chardonnay, Argentina	32,50
			INTENSE			
	TROPICAL		Boschendal Lanoy, Cabernet		Nicolas Feuilatte Brut Réserve,	
	Boschendal 1685, Sauvignon Blanc		Sauvignon & Merlot, South Africa	27,50	Chardonnay & Pinot Noir & Pinot	
	Grande Cuvée, South Africa	37,50			Meunier, France	62,50
			FULL-BODIED			
	AROMATIC		Bodega Norton Malbec Reserva,			
	Tüzko Traminer, Hungary	30,00	Malbec, Argentina	37,50		

YOUR FIRST STRKE AT HUP GRILL & BOWL



SPORTS BAR KITCHEN OPEN: 11:00 - 23:00 hrs

SANDWICHES & MORE

Sesame bagel cream cheese - smoked salmon - red onion chutney - avocado cream	8,50
BLT turkey fillet - crispy bacon - tomato - little gem - Hellmann's mayonnaise	7,50
Carpaccio sandwich truffle mayonnaise - Parmesan cheese - arugula - sun-dried tomato	8,50
Dutch way sandwich with ham - cheese - tomato - cucumber - boiled egg - remoulade sauce - iceberg lettuce	8,00
Pulled pork sandwich smoky BBQ sauce - red onion - iceberg lettuce	9,00
Sandwich Caprese mozzarella - tomato - basil pesto - arugula - aceto balsamico syrup	7,50
Double Dutch 2 beef croquettes with brown or white hearth bread	7,50
Fried eggs brown or white hearth bread - three eggs sunny side up - salad - pickles -	8,00

TOASTED SANDWICH CLUB

(white or bread hearth bread)	•••••
Toasted ham and cheese sandwich	4,50
semi-cured cheese - farmer's ham - tomato ketchup	7,50 Triple
Toasted mozzarella sandwich	5,00
tomato - basil pesto - arugula	8,00 Triple
Toasted smoked salmon sandwich	5,50
semi-cured cheese - red onion - horseradish mayonnaise	8,50 Triple

SOUPS AND SALADS

(served with bread)

	Garlic soup fried lemongrass - tartare of smoked eel - spring onion - chives	7,50
	Italian tomato soup basil pesto - Mascarpone cheese	6,50
	Assorted pull-apart bread: corn, white and multigrain tomato tapenade - truffle cream - olive oil	5,75
9,00	Salad with roasted goat cheese mesclun salad - figs - walnuts - mustard dressing	13,00 14,75 <i>(XL</i>)
	Mediterranean salad	12,50
8,50	pearl couscous - grilled courgette, aubergine and artichoke heart - tomato - Parmesan - olive oil with herbs	14,00 (XL)
8,50 n	Tandoori chicken salad grilled chicken fillet - arugula - red onion - pepper - tomato - spring onion - mango - tortilla - yoghurt dressing	12,75 14,50 (XL)
8,00 3,50	Poké bowl basmati rice - salmon fillet marinated in sesame-soya - pickled cucumber and carrot - wakamé salad - avocado	13,00 15,00 (XL)

BURGERS

cheese/ham/bacon

(150 gram)

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Classic burger 100% Angus beef creamy bacon sauce - crunchy lettuce	9,00
Caesar chicken burger streaky bacon - little gem lettuce - Parmezan cheese - Hellmann's mayonaise	8,50
Jalapeño burger sweet chili sauce - pepper Jack cheese - little gem lettuce - avocado crea	8,50 am
Cauliflower cheeseburger smoky BBQ sauce - little gem lettuce - red onion chutney	8,00
Supplement french fries or wedges	3,50

HOTDOGS FACTORY

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Classic Hotdog sauerkraut - mustard - fried onions	7,50
Underdog pulled pork - smoky BBQ sauce - gratinated with cheese	8,50
Supplement: chips or wedges	3,50

PLATE SERVICE

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USA bavette steak	24,50
Chimichurri - fries - salad	
BBQ ribs sweet and juicy	19,50
fries - smoky honey BBQ sauce - salad	
Pan-fried salmon fillet	21,50
roasted small tomatoes - creamy saffron sauce - fries - salad	

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FRESH PASTA

Linguine vega garlic oil - red pepper - sun-dried tomato - spring onion - Parmesan cheese - arugula	12,50
Prawn linguine prawns (peeled) - garlic oil - red pepper - spinach - Parmesan cheese - arugula	17,50
Tagliatelle vega truffle sauce - fried wild mushrooms - scallions - Parmesan cheese - arugula	16,50
Salmon tagliatelle salmon fillet - cream sauce - basil pesto - courgette - Parmesan cheese - arugula	17,50



KIDS

Pizza Bambino kids' pizza selection	6,50
Spaghetti Bolognese tomato sauce	7,00
Happy Meal with a surprise healthy or snack, ask our staff for what's inside	8,50

PIZZAS FRESH FROM THE OVEN

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Pizza Margherita tomato sauce - tomatoes - mozzarella - oregano	10,00
Salmon pizza tomato sauce - salmon - red onion - basil - mozzarella - olives - arugula	13,50
Chicken pizza tomato sauce - grilled chicken strips - pepper - mushrooms - red onion - mozzarella	13,50
Pulled pork pizza BBQ sauce - pulled pork - red onion - mozzarella	13,75
Pizza Quattro Stagioni tomato sauce - farmer's ham - pepper - salami - red onion - mozzarella	12,50
Topping: supplement per item	0,75

SPORTS BAR KITCHEN OPEN: 11:0 - 23:00 hrs

BAR BITES TO SHARE		
6 BBQ rib fingers whisky dip	7,00	
6 Chorizo croquettes aioli	8,00	
8 Torpedo shrimps sweet chili saus	8,00	
6 Chicken fingers tzatziki	7,50	
6 Dutch croquette balls mustard - mayonnaise	7,00	
Old Dutch chunks of Old Amsterdam cheese - cornichor pickles - mustard	6,00 n -	
Nachos tortilla - tomato relish - guacamole - jalapeno crème fraîche - cheese	7,50	
Garden dip fresh vegetable snacks - yoghurt and herb dip	6,00	

Assorted pull-apart bread: corn, white and 5,75 multigrain tomato tapenade - truffle cream - olive oil

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Marinated house olives

4,00

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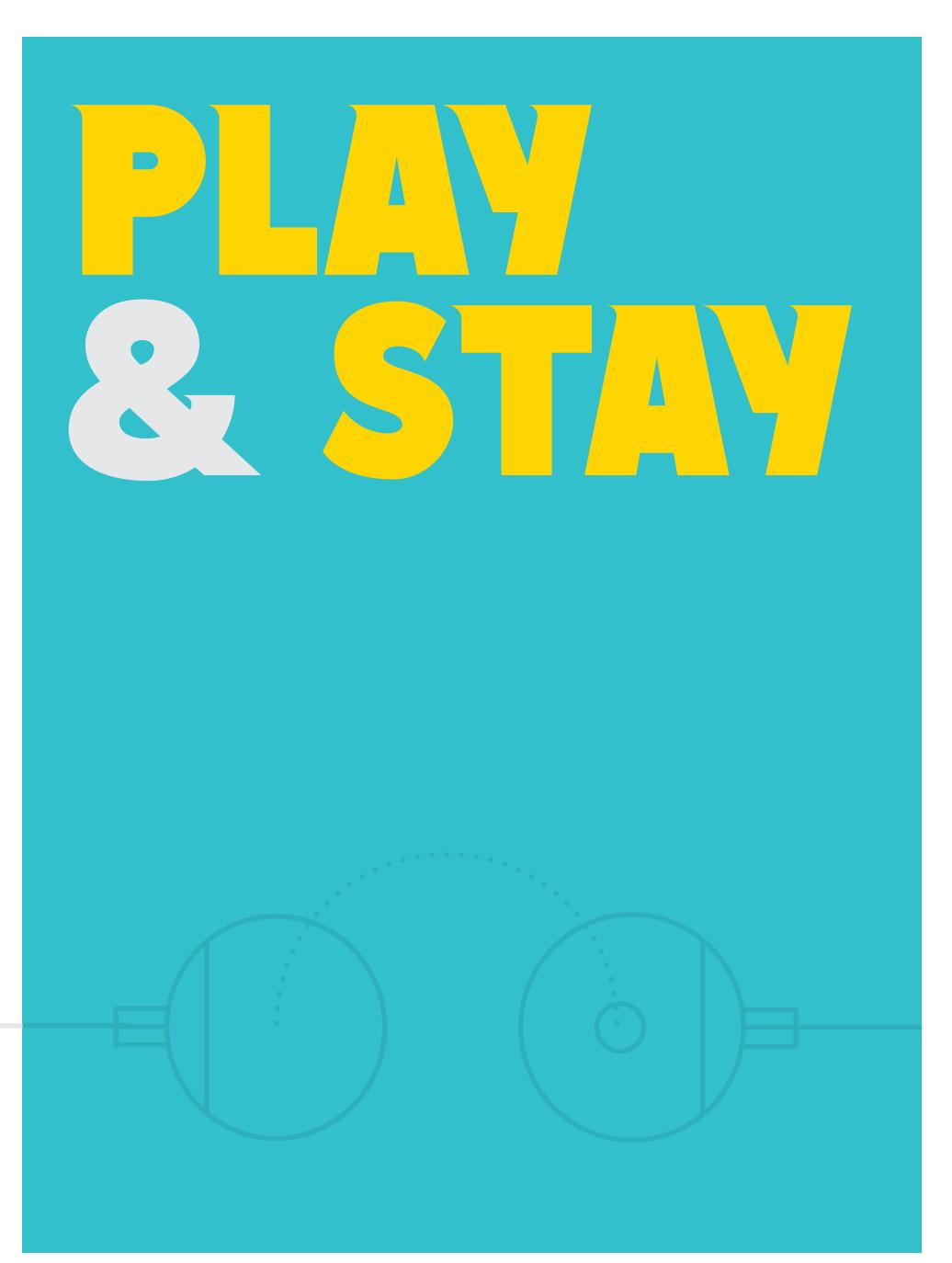
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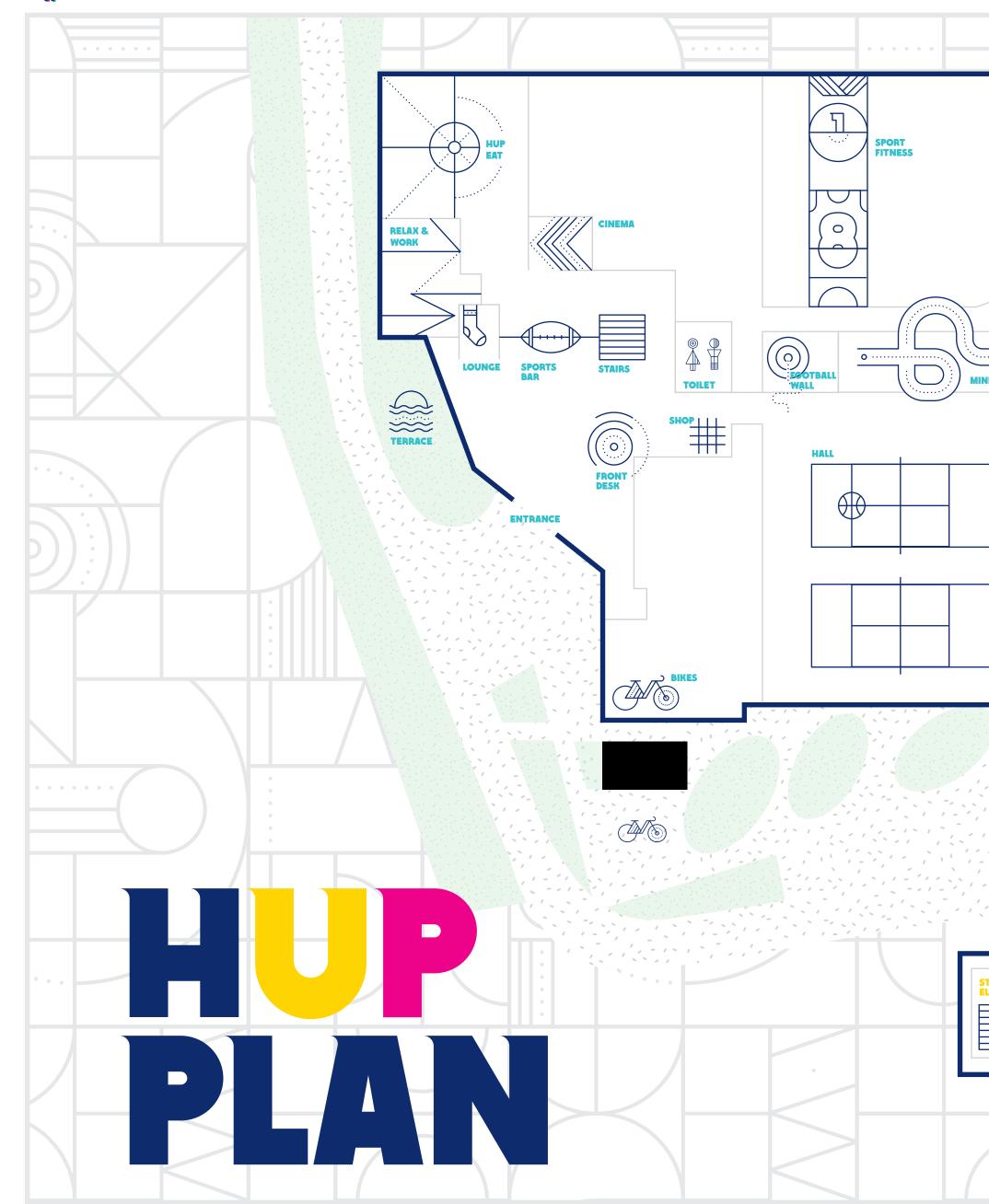
BAR SWEETS

3,50
3,50
3,25
4,50
4,75

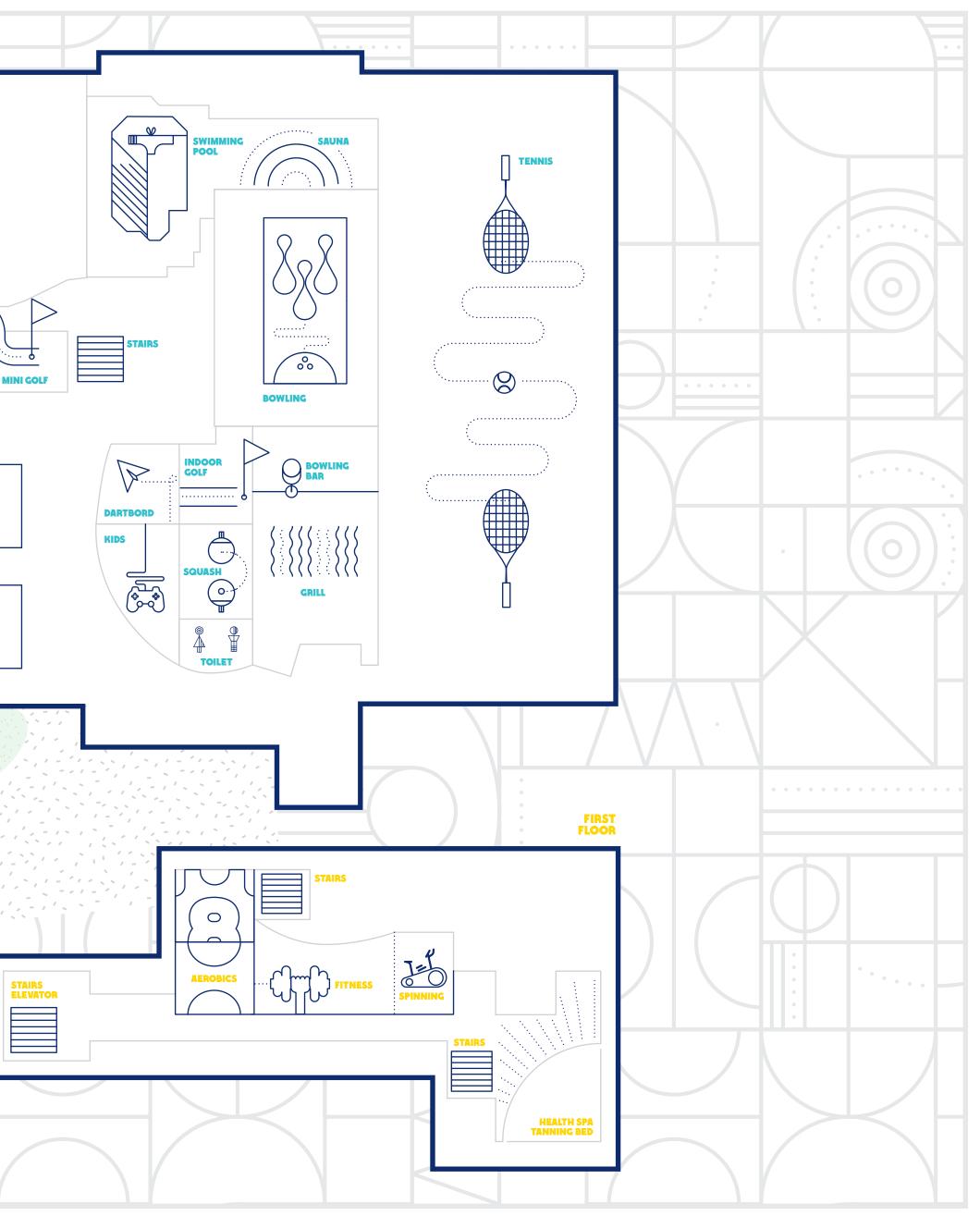
BEN & JERRY'S ICE CREAM

Fairtrade Strawberry Cheesecake	4,50	
Fairtrade Chocolate Fudge Brownie	4,50	
Fairtrade Chunky Monkey	4,50	





13— HALLO HUP 🚶





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KITCHEN OPEN: 17:00 - 21:00 hrs

STARTERS

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Carpaccio of tenderloin basil pesto - truffle cream - Parmesan cheese - arugula	12,50
Swordfish sashimi wakamé salad - shrimp croquette - wasabi mayonnaise	13,50
Bruchetta 3 x grilled hearth bread - Pomodori tomato - garlic - basil	9,00
3 shrimp croquettes grilled brioche bread - little gem lettuce - lemon mayonnaise	12,25
Garlic soup fried lemongrass - tartare of smoked eel - spring onion - chives	7,50
Italian tomato soup basil pesto - Mascarpone cheese	6,50
Assorted pull-apart bread: corn, white and multigrain tomato tapenade - truffle cream - olive oil	5,75

MAIN DISHES

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USA bavette steak	24,50
cryme and remoin sauce - sauceed wild mushrooms -	19,50 •
Pork rib roast from the grill tomato chutney - black garlic sauce - crispy stir-fried vegetables - fries - salad	23,50
Pan-fried salmon fillet arugula hotchpot - roasted small tomatoes - creamy saffron sauce - fries - salad	21,50
Sizzling prawns in garlic oil and red pepper fries - salad	22,50
Italian frittata a richly filled vegetable pie with pasta, tomato and basil - mozzarella - salad	19,50 •
sweet potato - tomato sauce - Parmesan cheese - salad	18,50

SALADS

Salad with roasted goat cheese	13,00
mesclun salad - figs - walnuts - mustard dressing	14,75 (XL)
Arab cucumber salad	13,50
tomato - red onion - aioli - sugared prawns (peeled)	16,50 (XL)
Mediterranean salad pearl couscous - grilled courgette - aubergine - artichoke hearts - tomato - Parmesan - olive oil with herbs	12,50 14,00 <i>(XL)</i>
Tandoori chicken salad grilled chicken fillet - arugula - red onion - pepper - tomato - spring onion - mango - tortilla - yoghurt dressing	12,75 14,25 (XL)

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FRESH PASTAS

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Linguine vega garlic oil - red pepper - sun-dried tomato - spring onion - Parmesan cheese - arugula	12,50
Prawn linguine prawns (peeled) - garlic oil - red pepper - spinach - Parmesan cheese - arugula	17,50
Tagliatelle vega truffle sauce - fried wild mushrooms - scallions - Parmesan cheese - arugula	16,50
Salmon tagliatelle salmon fillet - cream sauce - basil pesto - courgette - Parmesan cheese - arugula	17,50
Raviolini Caprese raviolis filled with buffalo mozzarella - tomato - basil cream sauce - arugula	16,50
Ravioli Porcini	15,00
small raviolis filled with wild mushrooms - truffles - Porcini mushroom sauce - Parmesan cheese - arugula	

PIZZAS FRESH FROM THE OVEN

KIDS

Pizza Margherita tomato sauce - tomatoes - mozzarella - oregano	10,00
Pizza Arrabbiata tomato sauce - garlic - red pepper - smoked cheese - anchovies - pepper	13,00
Pizza Funghi tomato sauce - wild mushrooms - mozzarella - red onion - truffle oil	10,00
Salmon pizza tomato sauce - salmon - red onion - basil - mozzarella - olives - arugula	13,50
Chicken pizza tomato sauce - grilled chicken strips - pepper - mushrooms - red onion - mozzarella	13,00
Pizza Pepperoni tomato sauce - salami - red pepper - black olives - tomato - mozzarella - garlic oil	12,50
Pizza Caprese tomato sauce - tomato - mozzarella - basil - cherry tomatoes	12,50
Pulled pork pizza BBQ sauce - pulled pork - red onion - mozzarella	13,75
Pizza Vegetarian grilled courgette - grilled aubergine - artichoke - red onion - oregano - sun-dried tomato - black olives - mozzarella	11,00
Pizza Quattro stagioni tomato sauce - farmer's ham - pepper - salami - red onion - mozzarella	12,50
Topping: supplement per item	0,75

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Pizza Bambino	6,50
kids' pizza selection Spaghetti Bolognese	7,00
tomato sauce	
Happy Meal with a surprise healthy or snack, ask our staff for what's inside	8,50

SWEET SEDUCTIONS

Dame Blanche 2.0 vanilla ice cream special - home-made chocolate s white chocolate fudge - whipped cream	7,50 auce -
Pineapple marinated in spices coconut ice cream - roasted sliced almonds - whip cream - caramel sauce	7,50
Chocolate lovers chocolate brownie - chocolate parfait - chocolate mousse - white chocolate fudge	8,50
Cheese plate with selection of four foreign chee fig bread - Rinse apple syrup - walnuts	eses 10,75
Sorbet three kinds of sorbet - sliced fresh fruit	8,00

ROOM DELIVERY & TAKE AWAY

ORDER BETWEEN 11:00 - 23:00 hrs ROOM DELIVERY +3,50 euro

SALADS

Salad with roasted goat cheese mesclun salad - figs - walnuts - mustard dressing	13,00
Mediterranean salad pearl couscous - grilled courgette, aubergine and artichoke heart - tomato - Parmesan - olive oil with herbs	12,50
Tandoori chicken salad grilled chicken fillet - arugula - red onion - pepper - tomato - spring onion - mango - tortilla - yoghurt dressing	12,75
Poké bowl basmati rice - salmon fillet marinated in sesame-soya - pickled cucumber and carrot - wakamé salad - avocado	13,00

BEN & JERRY'S ICE CREAM

150 ml

Fairtrade Strawberry Cheesecake	4,50
Fairtrade Chocolate Fudge Brownie	4,50
Fairtrade Chunky Monkey	4,50

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PIZZAS FRESH FROM THE OVEN

Pizza Margherita	10,00
tomato sauce - tomatoes - mozzarella - oregano	
Salmon pizza tomato sauce - salmon - red onion - basil - mozzarella - olives - arugula	13,50
Chicken pizza tomato sauce - grilled chicken strips - pepper -	13,00
mushrooms - red onion - mozzarella	
Pulled pork pizza BBQ sauce - pulled pork - red onion - mozzarella	13,75
Pizza Quattro stagioni tomato sauce - farmer's ham - pepper - salami - red onion - mozzarella	12,50
Pizza Bambino kids' pizza selection	6,50
Topping: supplement per item	0,75

BURGERS

150 gram

Classic Burger 100% Angus beef creamy bacon sauce - crunchy lettuce	9,00
Supplement: chips or wedges	3,50



Besides having a bite in one of our restaurants. you can also enjoy the meals in your room and at home. make use of our room delivery or take away. call our reception or slide, walk, elevate to the Sports Bar and HUP away with something taste! Because for us it's a sport to make it as comfortable as possible for you.